

Rescue My Marriage Today

Quick Tips

Week 6 - One Bed, One Bank Account

1. Commit this week to discussing your finances, no matter how uncomfortable it may be for you. Money is one of the most difficult areas for married couples to discuss. Developing the skill of talking about money takes your intimacy to a whole new level.

_____ Husband _____ Wife

2. Be truthful with yourself and your spouse as to whether or not you are a saver or a spender. Marriages can be successful with both types. It's important to be accountable for your relationship with money.

_____ Husband _____ Wife

3. It's time to put your money to work for you. If the two of you don't already have a workable plan for your money, this is the week to create that. This is not a one-sided plan, this requires input from both of you.

_____ Husband _____ Wife

4. Start funding the emergency fund. Emergencies will happen in your marriage. You will have a greater sense of security knowing that there are funds set aside for those specific situations.

_____ Husband _____ Wife

5. Dream about your finances. Throwing off the limitations allows you to break free of what has been holding your back.

_____ Husband _____ Wife

Thoughts for the week:

Money cannot buy peace of mind. It cannot heal ruptured relationships, or build meaning into a life that has none.

~Richard M. DeVos

Money is an opportunity to bring unity to marriage. When couples work together they can do anything.

~Anonymous

*Married couples should **budget** for each person to have a little pocket money and the **freedom to have fun.***

~Dave Ramsey

Do not save what is left after spending, spend what is left after saving.

~Warren Buffet

A budget is telling your money where to go instead of wondering where it went.

~Dave Ramsey